

# Centennial Spiritline Tryouts 2023-2024

Thank you for your interest in trying out for the Centennial Spiritline as we continue to strive for athletic excellence. We will move forward with Varsity Pom, Varsity Cheer, JV Pom, and JV Cheer (Based on Numbers). All four teams will be working together to build the foundation for a strong Spiritline program. This packet contains all the information that you will need to know about tryouts. All forms are due by the first day of clinics.

A mandatory Parent meeting is April 12<sup>th</sup> at 6pm in room 500

## Cheer Open Gym

Friday April 14<sup>th</sup> 4:30-6:30pm @ CeHS (\$10 Fee to Attend)

## Cheer/Pom Clinics (Incoming Freshmen can attend all days)

May 3<sup>rd</sup>-5<sup>th</sup> 4-6pm

## Final Tryouts for summer team (No incoming Freshmen)

Saturday May 6<sup>th</sup> 10am-until done

All clinics and tryouts will be closed.

Friends/family will not be allowed to watch at any time.

All candidates will perform the same material during their tryout.

The Varsity Teams will be made up of the candidates with the highest scores until there is a significant break in the scores. From there, we will fill the JV cheer team/JV Pom team.

Selection of the new teams will be made from a panel of judges and all decisions are final.

**Note\*** Seniors cannot make the JV team. You must score on Varsity or there will be cuts.

## **What to wear for Clinics**

T-shirt

Soffes/Athletic Shorts

Spankies (Short Spandex) to wear underneath shorts

Lightweight tennis shoes or cheer shoes and socks

Pom: Jazz Shoes/Pirouettes

Hair pulled back out of face in high pony with any bow you have

Please note we will be taking a headshot photo of you on Day 1.

\*All returning members please do NOT wear any Spiritline clothing from past seasons.

## **What to wear for Tryouts**

Solid Black color t-shirt, **no decals, form fitting**

Red/Navy/White Soffes/athletic shorts

Spankies (Short Spandex) to wear underneath shorts.

White no-show socks

Tennis shoes/Cheer shoes

Pom: Jazz Shoes/Pirouettes

Hair pulled back into high pony with any bow-Do not have hair hanging in your face.

\*All returning members please do NOT wear any Spiritline clothing from past seasons.

## **What to take out**

All Body piercings!! Including belly rings, earrings, etc.

All other jewelry (watches, necklaces, etc.)

**Nails that are longer than your fingertips are not permitted.**

## **What you will need to do for tryouts**

For cheer, you will need to try out with the cheer, chant and jumps that are learned at Clinics plus demo tumbling and stunting.

For pom, you will need to try out with Turns, leaps, kicks, jumps and dance combo.

### **Numbers**

On the first day of clinics, you will be given a number that will be assigned to your name and a photo taken holding your number. Do **NOT** trade numbers with anyone otherwise they will be trying out for you. Incoming Freshmen you will be given a name tag. Freshmen CANNOT participate in Tryout Day (Final Day) but are allowed to attend all Clinics during the week. All cell phones need to be on off position or on vibrate please. No phone calls during the clinics and tryouts. Demonstrate a positive attitude and good sportsmanship always. Be respectful to the girls who are trying out with you as well as the ones showing the material.

### **Tumbling**

You will have the opportunity to perform both standing and running tumbling skills. Standing skills will include a back handspring, tuck, and other varieties of standing tumbling connected. Running skills will include round off handsprings, tucks, layouts, fulls, combos, etc. If you can tumble, you will perform your skills solo at tryouts. If you need a spotter, we ask that you do not do the pass. We do not want you to hurt yourself and can only get a spot during clinics not at tryouts. If you are chosen for a team, you are expected to be working on these skills throughout the year. We will also offer additional tumbling classes during the week.

### **Varsity Game Day Team 12-30 members (Results posted on July 1<sup>st</sup> 2023)**

All candidates selected for the varsity team will be freshmen, sophomores, juniors, and seniors during the school year. Members will be expected to make their commitment to their team a priority and will not be able to participate on any other CeHS team until the season is over.

Varsity Game Day will cheer at all home and away football games, home basketball games, school assemblies and various school and community functions. They will have one practice per week over summer to prepare for games and work on skills.

### **Varsity Show Cheer Team 12-30 members (Results Posted August 11<sup>th</sup>, 2023)**

Will attend local and national competitions selected by the coaches. Whether competition teams attend nationals are determined on a yearly basis. It is never a guarantee. The team needs to earn the privilege to compete, both with the various cheer organizations and with the coaches and school administration. You **MUST** have a standing backhand spring and running back handspring to be considered for this team. If you do make the show cheer competition team, please understand you will be **required** to attend team tumbling classes on Wednesday's from 1pm-2:30pm at AZ Element Elite starting in August (Additional fees apply). We also have a mandatory camp/choreography class that you must be present for this team and comes with an additional cost. It is best to start attending AZ Element now and do some drop-in class, so you are familiar with the coaching staff.

### **Varsity Pom Game Day 7-20 members**

All candidates selected for the varsity pom team will be freshmen, sophomores, juniors, and seniors during the next school year. The pom team will attend all football games both home and away with Cheer and perform at football games, basketball games, school assemblies, and various school and community functions. Varsity Pom Sideline will practice one a week during the summer to prepare for all games and events.

### **Varsity Pom/Jazz Competition team (Max of 7 Members, Results Posted August 11<sup>th</sup>, 2023)**

This team will consist of experienced dancers with a high level of technique and training. All candidates selected on this team will be freshmen, sophomores, and juniors during the next school year. Per AIA rules, seniors cannot be on the JV teams, regardless of the sport. **You MUST have a quad turn as well as strong flexibility and knowledge of dance technique as well as an aerial.**

### **JV Cheer Team (Results Posted July 1<sup>st</sup>, 2023)**

All candidates selected on this team will be freshmen, sophomores, and juniors during the next school year. Per AIA rules, seniors cannot be on the JV teams, regardless of the sport. The purpose of JV will be to promote school spirit, cheer at home games for football and basketball games and to focus on building the fundamentals skills of cheerleading. JV will complete at 2 in state competitions In Feb 2024)

### **Financial Commitment**

All Spiritline members will be given several opportunities to fundraise money for various items throughout the year and are expected to take advantage of these opportunities. If team members do not raise enough to cover the individual cost, then they will be asked to pay out of pocket. Any team member that needs financial assistance or in a hardship should talk to coaches. Tax Credit donations are great for raising funds to be used. It's never too early to ask family and friends to donate. Here is a breakdown of the full season. Remember these payments are broken up over time and not all due at once. We will apply fundraisers to each kid's account as we process and complete them.

Anticipated Cost for Season

New Varsity Cheer/Pom Member 23-24	
Bows	\$50 (Red, Navy, Pink)
Poms	\$30 (Pink), \$40 (Navy/Red)
Camp	\$450-\$600
Comp Fees	\$300
USA Nationals Cali (Feb. 2024)	\$600-\$900
UCA/UDA Nationals FL (Feb. 2024)	\$900-\$1,300
Game Shoes	\$110
School Day Shoes	\$60-\$100
Hydo	\$60
Bag	\$100
Warm-ups (lulu)	\$180
Spirit Items	\$275
Choreography	\$200-\$375
Total for Season	\$2,455-\$3,520

Returning Varsity Cheer/Pom Member 23-24	
Bows	\$50 (Red, Navy, Pink)
Poms	
Camp	\$450-\$600
Comp Fees	\$300
USA Nationals Cali (Feb. 2024)	\$600-\$900
UCA/UDA Nationals FL (Feb. 2024)	\$900-\$1,300
Game Shoes	\$110
School Day Shoes	\$60-\$100
Hydo	
Bag	
Warm-ups (lulu)	
Spirit Items	\$275
Choreography	\$200-\$375
Total for Season	\$2,045-\$3,110

New JV Cheer Member 23-24	
Bows	\$50 (Red, Navy, Pink)
Poms	\$30 (Pink), \$40 (Navy/Red)
Camp	\$450-\$600
Comp Fees	\$100
USA Nationals (Feb. 2024)	
UCA Nationals (Feb. 2024)	
Game Shoes	\$110
School Day Shoes	\$60-\$100
Hydo	\$60
Bag	\$100
Warm-ups (lulu)	\$180
Spirit Items	\$275
Choreography	\$125
Total for Season	\$1,490-\$1,770

Returning JV Cheer Member 23-24	
Bows	\$50 (Red, Navy, Pink)
Poms	
Camp	\$450-\$600
Comp Fees	\$100
USA Nationals (Feb. 2024)	
UCA Nationals (Feb. 2024)	
Game Shoes	\$110
School Day Shoes	\$60-\$100
Hydo	
Bag	
Warm-ups (lulu)	
Spirit Items	\$275
Choreography	\$125
Total for Season	\$1,170-\$1,370

Participation Fee is Due in August for \$100. This will go to the bookstore **NOT** to coaches or Spiritlifters Booster. PUSD Rule and needs to be a tax credit.

All these above costs are prior to any fundraising. We will do as many as we can to get the cost down. Nationals' costs are on the high end. This is also based on the number attending from the team.

### **Uniforms**

#### **Varsity Cheer and Pom**

We will use a school game uniform provided and returned at the end of the season. Competition team as of now will be getting new uniforms for the 23-24 school year. This will be paid for by the school and some fundraising events. Will have team goal is to fundraise for the extra items we need. School has given us a budget. Parents will not have the option to purchase new uniforms.

#### **JV Cheer and Pom**

JV Cheer/Pom will be using the school provided uniform. Will return at the end of the season. Goal would be to get JV new Game Day Uniforms for the season.

### **Important Dates and Reminders**

In order to compete at USA/UCA nationals we must have each athlete get credentials. We only have summer camps to get this covered, meaning if you plan to try to be part of a comp team including Game Day Team, you **MUST** attend Cheer camp and Choreography dates. The Pom/Jazz team does not need to follow this ruling (Yet, at least not for the 23-24 season).

Please keep these dates open and work around the following for summer/vacations.

June 26<sup>th</sup>-28<sup>th</sup> 2023 TSC Cheer Camp @ Wigwam Resort All Day

July 15<sup>th</sup>-18<sup>th</sup> 2023 UDA Pom Camp @ JW Resort All Day

September 2<sup>nd</sup>-4<sup>th</sup> 2023 (Game Day Team Choreography, Show Cheer Choreography **\*This is Labor Day weekend just FYI**)

September 8<sup>th</sup>-10<sup>th</sup> 2023 (Pom Choreography (Yes will have a game Friday Night))

Senior Night is Oct 20th.

**Non-Negotiables**

Last season we had many athletes that were doing a skill, and then prior to leaving for nationals felt they could not do it so chose not to. This will not be accepted this season. If you are given a skill and cannot do it, then we will need to remove you from that team and place you where we see fit for the season.

**Anticipated Practice Schedule Changes**

For the 23-24 Season, we will be moving to the following.

Varsity Cheer/JV Cheer*	Varsity Pom/Jazz JV Pom*
Monday and Tuesday 3:30pm-5:30pm Wednesday Tumbling 1pm-2:30pm @AZE Wednesday 3pm-5pm Thursday 3:30-5:30pm	Monday-Thursday 3:30pm-5:30pm Friday are Game Days for Football season
*Jv Cheer On game days, they will not have practice	

\*Please note, these changes are anticipated. We are still looking at practice space, timeline of events, etc. Teams are also based on numbers. Once we have approvals we will be posting on calendar on Band as well as give a hard copy to all team members.

Coach Gonzales, Coach Marinaro, and Coach Marshall wish everyone the best of luck at tryouts.

If you have any questions, please email.

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